



BROW PRE CARE INSTRUCTIONS

SKIN PREPARATION

Skin preparation is extremely important. The skin must be healthy, hydrated and moisturised on the day of your appointment.

Fail to prepare your skin for the procedure can cause excessive bleeding & pain which result in poor retention/result.

4 WEEKS BEFORE:

Avoid Botox, Skin Exfoliants, Laser or Chemical Peels.

2 WEEKS BEFORE:

Avoid tweezing, waxing, electrolysis, retinol and colouring your brows.

72 HOURS BEFORE:

For a comfortable procedure and best colour results:

Do not consume alcoholic or caffeine (including tea) before your procedure.

Avoid all blood thinners; Aspirin, Ibuprofen, fish oil, caffeine (including tea) smoking, Soda etc.

If you have your menstrual cycle on the day of the procedure, please reschedule your appointment (as your body is very sensitive during this time)

Following these pre-care instructions will give the artist a smooth canvas (your eyebrow area) to achieve the best results!



BROW AFTER CARE INSTRUCTIONS

Woohoo! You have a new set of brows! You're almost at the finish line so let's make sure you achieve the perfect result by following these aftercare tips.

After care is crucial for proper healing and colour retention. However, results will vary for all individuals.

Do not touch, pick, peel, scratch, rub, or remove the peeling in any way. If you do, there is a high risk of loss of colour and scarring. It should fall off naturally as the skin goes through its own exfoliating and recovery process.

As the skin naturally shed and regenerate, you may notice that after the peeling there is a loss/uneven colour. This is why cosmetic tattoo is a minimum 2 step process.

DAY OF TREATMENT: ABSORB IS KEY

After the procedure, gently dab the area with a cotton ball or cotton pad to absorb excess lymph fluid. Repeat every 15-30 minutes for 24 hours until the liquid has stopped.

Removing this fluid prevents hardening of the lymphatic fluid which means less scabbing!

DAY 2-14 HEALING/PEELING STAGE

- Keep the Brow completely dry. The only time they should be wet is when cleaning them.

- Clean your eyebrows twice a day (morning & night) with a damp (not wet) cotton pad with micellar water or warm water. Once you have cleaned the brow area, apply a very thin layer of ointment.



BROW AFTER CARE INSTRUCTIONS

AVOID THE FOLLOWING UNTIL PEELING IS COMPLETE

(Approximately 14 days)

- NO sun exposure during the healing stage
- NO hot sauna, showers/baths
- NO facial, waxing, threading, laser or skin treatments

AVOID THE FOLLOWING FOR 30 DAYS

- Do not apply products that contain alcohol, fruit acid, retinol, glycolic acids in the treatment area
- No Botox or fillers near the treatment area for 30 days
- Avoid prolong outdoor sun exposure. Always apply a layer of SPF on your brows when exposed to the sun as a continued practice to keep your cosmetic tattoo colour from fading or changing colour.

TOUCH UP

Cosmetic tattoo is a minimum 2-step process. First session is to build shape and gain symmetry. The second session is used to perfect the brows and create density if needed.

We look forward to seeing you during your touch up appointment (6 weeks after your first session).

